





PALO VERDE

A REFRESHING WAY TO START THE DAY

On The Lighter Side

 Calories 237	The Boulder's Breakfast Smoothie Prickly Pear, Gala Apple, Banana, Orange	9
 Calories 78	Chilled Segments of Ruby Red Grapefruit	6
	Assorted Cold Cereals The Boulders Granola, Cheerios, Frosted Flakes, Corn Flakes, Raisin Bran, Rice Krispies	6
 Calories 223	Organic Low Fat Yogurt Fresh Berries and Honey	10
	Applewood Smoked Salmon Toasted Bagel, Dill Cream Cheese, Caviar	16
	Carefree Fruit Plate Selection of Seasonal Fruits, Berries, Organic Yogurt with House-Made Breakfast Breads	14
 Calories 321	Granola Yogurt Parfait The Boulders Granola, Organic Yogurt, Fresh Berries	9
	Steel Cut Irish Oatmeal Organic Low Fat Milk, Toasted Almonds, Golden Raisins, Brown Sugar, House-Made Fruit Preserves, Organic Honey	11
	Continental Breakfast Choice of our Homemade Bakery Basket or Breads with Preserves, Seasonal Fresh Fruit, Fresh Squeezed Orange Juice or Grapefruit Juice, Coffee or Tea	16

From The Griddle

	Choice of Traditional Pancakes, Waffles or French Toast Served with Maple Syrup, Prickly Pear Syrup	13
	Blueberry Pancakes Fresh Blueberries, Whipped Cream, Prickly Pear Coulis	15
	House Granola Crusted Cinnamon French Toast With Apple Compote, Pecan Cream	14



Golden Door Spa Cuisine are low in sodium, fat and calories

*These items may be cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, and eggs may increase your risk of food borne illness, especially if you have certain medical conditions

Straight Shooters

Two Eggs Any Style* 14
Choice of: Applewood Smoked Bacon, Country Pork Sausage, Canadian Bacon, Chicken Apple Sausage. Served with Southwest Potato Hash and Choice of Homemade Toast

Three Egg Omelet 16
Choice of: Ham, Chorizo, Tomatoes, Artichokes, Caramelized Onions, Poblano Peppers, Portobello Mushrooms. Choice of Cotija Cheese, Boursin Cheese or Wisconsin Cheddar Served with Southwest Potato Hash and Choice of Homemade Toast

Egg White Frittata 15
Stuffed with Spinach, Leeks and Asparagus with low Fat Mozzarella Cheese and Sweet Potato-Portobello Mushroom Hash

Steak n' Eggs Ranch-Style* 19
Two Eggs cooked to order with a Flat Iron Steak on a Blue Corn Tortilla Served with Ranch Beans, Colorado Red Chile Sauce and Cotija Cheese

Eggs Benedict

Artichoke Eggs Benedict* 17
Mushrooms, Spinach, Hollandaise Sauce

Traditional Eggs Benedict* 16
Toasted English Muffin, Canadian Bacon, Hollandaise Sauce

Palo Verde Eggs Benedict* 18
Agave Roasted Ham, Tomato, Avocado, Pico de Gallo, Chipotle Hollandaise

Bolder Flavors of The Boulders

Huevos Rancheros* 16
Eggs Cooked to your Desire, Pepper Jack Cheese filled Tortilla, Calico Beans, Guacamole, Roasted Corn Pico de Gallo

Chorizo & Potato Burrito 15
Scrambled Eggs, Chorizo Sausage, Potato Hash, Guacamole, Roasted Corn Pico De Gallo, Pepper Jack Cheese

Biscuit and Gravy 13
Two Eggs Scrambled Eggs with Chicken Sausage and Apple wood Smoked Bacon on Herb Biscuit with Country Sausage Gravy

Smoked Turkey Hash with Two Eggs any style* 14
Served with Southwest Potato Hash, Fresh Salsa and Goat Cheese

~ Please ask your Server for additional Vegetarian Options available ~