

SPA SUMMER MENU



Massage Therapy:

Desert Zen (50 minute \$175 / 80 minute \$255)

Our signature Swedish inspired massage incorporates hot towel compress and light/smooth strokes which can be tailored to your specific needs.

Arnica Therapeutic (50 minute \$185/80 minute \$265)

Combining a firmer touch with a variety of massage techniques, this massage can deliver detailed muscle work and satisfy the desire for a deep tissue massage. Arnica oil helps to reduce discomfort and soothes inflammation.

Boulders Stone (75 minutes \$265)

The stones are pre warmed and their radiant heat together with gentle massage techniques help to melt knotted muscles and bring blessed relief from tension.

Hawaiian Lomi-Lomi (50 minute \$190/80 minute \$270)

A traditional Hawaiian healing massage embraces you with rhythmic, flowing strokes of the hands and forearms which is deeply relaxing and soothing of muscle tensions.

Reflexology (50 minute \$175)

An ancient Chinese technique of pressure point massage on the feet to restore the flow of energy throughout the entire body while alleviating stress and reclaiming balance.

Couples (50 minute \$385/80 minute \$545)

Enjoy an uplifting Swedish massage side by side with a companion in one of our Spa suites as 2 therapists customize your massage towards each guests specific needs. Arnica upgrade is also available.

Pre-Natal (50 minute \$175/80 minute \$255)

The massage will relieve tension in focus areas including the lower back, feet and legs and is designed to uplift the mother-to-be. It is typically enjoyed in the second and third trimesters.

Customize your massage with Aromatherapy \$15:

Your choice of a wide variety of different scents

Body treatments:

Desert Rose Radiance (80 minute \$250)

A Jojoba and Desert Rose exfoliation is followed by a Vichy shower and soothing aloe mask particularly beneficial for dry skin. Wrapped to maintain warmth whilst the mask penetrates you enjoy an uplifting facial massage with prickly pear and pomegranate finishing with a hydrating application of Desert Rose Shea Butter crème.

Avocado Citrus Splash (50 minute \$175)

Enjoy a body polish with grapefruit and jasmine infused salt, your skin is revitalized, soothed by a Vichy shower and finishing with a warm avocado oil to soften and deeply nourish the skin.

Advanced Skincare:

Organic Signature (50 minute \$175/80 minute \$255)

Custom facial personalized for the unique needs of your skin, this treatment is for all skin types and uses a range of organic product designed to deliver ingredients deep into the skin.

Vitamin C (50 minute \$185/80 minute \$265)

A powerful anti-ageing treatment utilizing Beyond Complex-C and an antioxidant mask which creates instantly toned, glowing skin.

Hydrafacial (50 minute \$255/80 minute \$385)

A dramatic resurfacing treatment includes a Vortex-infusion of antioxidants, peptides and hyaluronic acid. Delivers results which are immediately visible.

Facial Add ons:

Instant Ultra eye lift \$35

Rapidly de-puffs tired eyes and diminishes dark circles

Instant Ultra smooth Lips \$25

Smooths, tightens and plumps leaving a soft silky sheen.

All prices exclude 20% gratuity for the therapist. We request a 24 hour cancellation policy. To schedule your treatments or answer any questions, please call the Spa Reservation team 480-595-3500. Lines are available 8.30am to 4pm daily. Services can be booked online by visiting www.theboulders.com.

The Spa café on site is the perfect way to start or finish your day. Lounge by the beautiful pool and soak up the natural setting wrapped within the boulders. Visit the Spa boutique with a wonderful selection of resort apparel, spa products and unique gifts.