

# THE SPA AT THE BOULDERS

## MASSAGES

#### DESERT ZEN

50 MIN. \$185 | 80 MIN. \$270

Our signature Swedish inspired massage incorporates hot towel compress and light/smooth strokes which can be tailored to your specific needs.

# ARNICA THERAPEUTIC 50 MIN. \$195 | 80 MIN. \$280

Combining a firmer touch with a variety of massage techniques, this massage can deliver detailed muscle work and satisfy the desire for a deep tissue massage. Arnica oil helps to reduce discomfort and soothes inflammation.

## BOULDERS STONE

75 MIN. \$275

The stones are pre-warmed and their radiant heat together with gentle massage techniques help to ease knotted muscles and bring relief from tension. This massage creates a relaxing and grounding experience.

# HAWAIIAN LOMI-LOMI 50 MIN. \$195 | 80 MIN. \$285

A traditional Hawaiian healing massage embraces you with rhythmic, flowing strokes of the hands and forearms which is deeply relaxing and soothing for the muscles.

## REFLEXOLOGY

50 MIN. \$185

An ancient Chinese technique of pressure point massage on the feet to restore the flow of energy throughout the entire body while alleviating stress and reclaiming balance.

#### COUPLES

50 MIN. \$385 | 80 MIN. \$550

Enjoy an uplifting Swedish massage side by side with a companion in one of our Spa suites as two therapists customize your massage towards each guests specific needs. Arnica upgrade is also available.

## PRE-NATAL

50 MIN. \$185 | 80 MIN. \$270

The massage will relieve tension in focus areas including the lower back, feet and legs and is designed to uplift the mother-to-be. It is typically enjoyed in the second and third trimesters.

## ENHANCEMENTS

## AROMATHERAPY ENHANCEMENT

\$20

## SERENITY SCALP ENHANCEMENT

25 MIN. \$70

Your choice of a wide variety of blended oils to enhance your senses.

A warm oil deeply relaxing treatment that helps release tension, moisturize and bring a shine to the hair.

## BODY TREATMENTS

## DESERT ROSE RADIANCE

80 MIN. \$265

This personalized wrap starts with a dry brush, followed by an herbal mix with your choice of blended oil. You are wrapped and enjoy a soothing scalp massage, a Vichy shower and then finished with an application of healing and restoring cream. Relaxing, detoxifying, and hydrating.

ESSENTIAL ESCAPE WRAP

A Jojoba and Desert Rose exfoliation is followed by a Vichy shower and soothing aloe mask particularly beneficial for dry skin. Wrapped to maintain warmth whilst the mask penetrates you enjoy an uplifting facial massage with prickly pear and pomegranate finishing with a hydrating application of Desert Rose Shea Butter crème.

## AVOCADO CITRUS SPLASH

50 MIN. \$185

Enjoy a body polish with grapefruit and jasmine infused sugar, your skin is revitalized, soothed by a Vichy shower and finishing with a warm avocado oil to soften and deeply nourish the skin.

# ADVANCED SKINCARE

## ORGANIC SIGNATURE

50 MIN. \$185 | 80 MIN. \$270

Custom facial personalized for the unique needs of your skin, this treatment is for all skin types and uses a range of organic product designed to deliver ingredients deep into the skin.

JADE STONE 50 MIN. \$195

This facial ritual was made famous by ancient royal families that used the beneficial effects of gentle Jade stone massage on their face to keep a healthy, youthful appearance. Aromatherapy is combined to create a wonderful experience for your senses.

VITAMIN C

50 MIN. \$195 | 80 MIN. \$280

A powerful anti-aging treatment utilizing Beyond Complex-C an antioxidant mask which gives a wonderful toned, glowing skin.

## ULTIMATE OXYGEN INFUSION 50 MIN. \$250 | 80 MIN. \$325

Therapeutic oxygen under hyperbaric pressure infuses a special serum while gently exfoliating the skin to add volume, improve skin tone and texture and reduce fine lines.

HYDRAFACIAL

50 MIN. \$270 | 80 MIN. \$385

50 MIN. \$205

A dramatic resurfacing treatment includes a Vortexinfusion of antioxidants, peptides and hyaluronic acid. Delivers results which are immediately visible.

# FACIAL ADD-ONS

INSTANT ULTRA EYE LIFT

\$35

INSTANT ULTRA SMOOTH LIPS

\$35

Rapidly de-puffs tired eyes and diminishes dark circles.

Smooths, tightens and plumps leaving a soft silky sheen.

We highly recommend you book in advance to ensure your preferred time, service and provider are available. Please contact our spa reservation team 480-595-3500 (9AM to 4PM daily).

Please arrive at least 30 minutes prior to the start of your treatment. This allows us to welcome you and introduce you to our spa. Spend some time at the labyrinth, perhaps take a self guided meditation, enjoy the beauty of the organic garden, wander through the spa garden with the tipi and relax in our swing chairs. The spa is a tranquility zone. Please respect other guests enjoying the tranquility in our beautiful surroundings by refraining from talking on cell phones. Smoking is prohibited in the Spa, Spa Café, patio or by the Spa Pool.

For your convenience a 20% gratuity charge will be added to the cost of your service at check in. Late arrivals will be limited in time so as not to impact other guests. We request a 24-hour cancellation policy.

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